

ESAA – COMMONWEALTH GAMES ROLL OF HONOUR

The Commonwealth Games were known as the British Empire Games until 1950, then as the British Empire and Commonwealth Games from 1954 to 1966, then as the British Commonwealth Games in 1970 and 1974 and, finally, since 1978 as the Commonwealth Games.

Most of those listed below won the Commonwealth medals for England but there are a few notable exceptions. Rosemary Stirling (Staffordshire) won gold for Scotland while Kay Morley (South Yorkshire), Kirsty McDermott (Somerset), Iwan Thomas (Lincolnshire) and Neil Winter (Avon) won gold for Wales. Other champions were Marilyn Neufville (London) for Jamaica; Yvonne Saunders (Lancashire) and Graeme Fell (Essex) for Canada; and Tosin Oke (London) for Nigeria.

At least one former ESAA competitor has become a Commonwealth champion at EVERY Games since the one held in Sydney in 1938.

The 385 former ESAA competitors who have won Commonwealth Games medals in individual and relay events are shown below in chronological order.

Following the list of ESAA competitors who won Commonwealth medals are the names of 5 others who competed in their County School Championships but for one reason or another did not compete at the ESAA Championships.

Violet Webb was particularly unlucky in that she broke her left arm 7 days before the staging of the 1928 ESAA Championships otherwise she may have been the first SAA (later ESAA) competitor to win a British Empire Games (later the Commonwealth Games) medal. Violet had won the 1928 Middlesex Schools 75 yards hurdles title in a record 11.1 seconds. Her daughter Janet Simpson became a 4-time ESAA champion and, like her mother, won a Commonwealth Games medal.

1938 – SYDNEY, AUSTRALIA

Dorothy Odam (Surrey)	High Jump Gold 1934 U16 HJ-2
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1950 – AUCKLAND, NEW ZEALAND

Dorothy Odam (Surrey)	High Jump Gold 1934 U16 HJ-2
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1954 – VANCOUVER, CANADA

Anne Pashley (Norfolk)	4 x 110y Silver 1951 I 100y-1, 1952 I 100y-1, 1953 S 100y-1
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Dorothy Odam-Tyler (née Odam) (Surrey)	High Jump Bronze 1934 U16 HJ-2
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Heather Young (Yorkshire)	4 x 110y Silver 1951 S 100y-1
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Shirley Burgess (London)	4 x 110y Silver 1950 I 150y-2, 1951 I 100y-1
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Shirley Hampton (London)	220y Bronze and 4 x 110y Silver 1952 I 150y-1
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ESAA – COMMONWEALTH GAMES ROLL OF HONOUR

Suzanne Allday (née Farmer) (Sussex)	Discus Throw Silver 1950 I DT-1, 1951 I DT-1, 1952 S DT-1
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Derek Johnson (Essex)	880y Gold and 4 x 440y Gold 1949 I 440y-1, 1950 S 220y-1, 1951 S 440y-1
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Geoff Elliott (Essex)	Pole Vault Gold 1948 I HJ-1
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1958 – CARDIFF, WALES

Averil Williams (Herefordshire)	Javelin Throw Bronze 1952 S JT-3, 1953 S JT-2
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Carole Quinton (Warwickshire)	80m Hurdles Silver 1951 J 100y-2
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Dorothy Hyman (Yorkshire)	4 x 110y Gold 1956 J 100y-1
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Heather Young (Yorkshire)	100y Silver, 220y Bronze and 4 x 110y Gold 1951 S 100y-1
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June Paul (née Foulds) (London)	4 x 110y Gold 1950 I 100y-1
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Madeleine Weston (London) (later Cobb)	100y Bronze and 4 x 110y Gold 1955 J 100y-1, 1956 I 100y-1
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Mary Bignal (later Rand) (Somerset)	Long Jump Silver 1955 I LJ-2, 1956 I LJ-1, 1957 S HJ-1
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Sheila Hoskin (London)	Long Jump Gold 1953 I 150y-1, 1954 S LJ-1
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Suzanne Allday (née Farmer) (Sussex)	Discus Throw Gold and Shot Put Silver 1950 I DT-1, 1951 I DT-1, 1952 S DT-1
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Adrian Breacker (Surrey)	4 x 110y Gold 1950 I 100y-2
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Colin Smith (Middlesex)	Javelin Throw Gold 1952 I JT-2
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David Segal (Middlesex)	4 x 110y Gold 1953 I 220y-1
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Derek Johnson (Essex)	4 x 440y Silver 1949 I 440y-1, 1950 S 220y-1, 1951 S 440y-1
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Geoff Elliott (Essex)	Pole Vault Gold 1948 I HJ-1
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ESAA – COMMONWEALTH GAMES ROLL OF HONOUR

Gerald Carr (Essex)	Discus Throw Bronze 1951 and 1952 I DT-1, 1953 S DT-1, 1954 S SP-2
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Peter Radford (Staffordshire)	4 x 110y Gold 1955 I 100y-1, 1957 S 100y-1
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1962 – PERTH, AUSTRALIA

Ann Packer (Berkshire)	4 x 110y Silver 1958 I 150y-2, 1959 S 100y-1, 1960 S 220y-2
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Dorothy Hyman (Yorkshire)	100y Gold, 220y Gold and 4 x 110y Silver 1956 J 100y-1
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Joy Jordan (née Buckmaster) (Surrey)	880y Bronze 1952 I 150y-4
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Rosemary Morgan (Essex)	Javelin Throw Silver 1955 J JT-3, 1956 J JT-1
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Sue Platt (Middlesex)	Javelin Throw Gold 1957 I JT-1
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Suzanne Allday (née Farmer) (Sussex)	Shot Put Bronze 1950 I DT-1, 1951 I DT-1, 1952 S DT-1
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Adrian Metcalfe (Yorkshire)	4 x 440y Silver 1956 J 100y-1
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Barry Jackson (Warwickshire)	4 x 440y Silver 1956 J 220y-1
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Colin Smith (Middlesex)	Javelin Throw Silver 1952 I JT-2
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Dave Jones (Essex)	220y Silver and 4 x 110y Gold
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John Sheldrick (Suffolk)	Discus Throw Bronze 1954 J DT-1, 1955 I DT-2, 1956 I DT-1, 1957 S DT-1
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Len Carter (Middlesex)	4 x 110y Gold 1959 I 220y-1, 1960 S 100y-1
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Michael Lindsay (SCO) (London)	Shot Put Silver and Discus Throw Silver 1954 I DT-2, 1955 I DT-1, 1956 S DT-1
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Peter Radford (Staffordshire)	4 x 110y Gold 1955 I 100y-1, 1957 S 100y-1
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Robbie Brightwell (Shropshire)	440y Silver and 4 x 440y Silver 1956 I 220y-1, 1957 S 220y-1
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1966 – KINGSTON, JAMAICA

ESAA – COMMONWEALTH GAMES ROLL OF HONOUR

Dorothy Shirley (Lancashire)	High Jump Silver 1954 J HJ-1, 1955 I HJ-2, 1956 I HJ-3
Janet Simpson (Hertfordshire)	4 x 110y Silver 1959 J 150y-1, 1955 I HJ-2, 1956 I HJ-3
Jill Hall (Surrey)	100y Bronze and 4 x 110y Silver 1960 J 100y-1, 1962 and 1963 I 100y-1
Mary Rand (née Bignal) (Somerset)	Long Jump Gold 1955 I LJ-2, 1956 I LJ-1, 1957 S HJ-1
Maureen Tranter (Staffordshire)	4 x 110y Silver 1962 J 150y-1, 1962 and 1963 I 100y-1
Sheila Parkin (later Sherwood) (Yorkshire)	Long Jump Silver 1960 J LJ-1, 1961 I LJ-2, 1962 and 1963 I LJ-1, 1964 S LJ-1
John FitzSimons (Oxfordshire)	Javelin Throw Gold 1960 S JT-5
Martin Winbolt-Lewis (Wiltshire)	4 x 440y Bronze 1965 S 440y-1
Peter Warden (Yorkshire)	440y Hurdles Bronze and 4 x 440y Bronze 1959 S 200yH-2

1970 – EDINBURGH, SCOTLAND

Anita Neil (Northamptonshire)	4 x 100m Silver 1964 J LJ-1, 1965 I LJ-2
Ann Wilson (Essex)	High Jump Silver, Long Jump Silver and Pentathlon Silver 1963 and 1964 J HJ-1, 1965 and 1966 I LJ-1, 1968 S LJ-1
Christine Bell (née Perera) (Lancashire)	100m Hurdles Bronze 1965 and 1966 I 80mH-1
Joan Page (later Allison) (London)	1500m Silver 1963 I 880y
Madeleine Cobb (née Weston) (London)	4 x 100m Silver 1955 J 100y-1, 1956 I 100y-1
Margaret Critchley (Gloucestershire)	200m Bronze and 4 x 100m Silver 1965 I 150y-3, 1966 S 100y-2, 1967 S 220y-3
Marilyn Neufville (JAM) (London)	400m Gold 1966 J 150y-2, 1967 J 150y-2, 1968 I 150y-2, 1969 I 150y-1
Pat Lowe (Leicestershire)	800m Silver 1961 S 220y-3
Rosemary Stirling (SCO) (Staffordshire)	800m Gold 1965 I 880y-2, 1966 S 880y-1

ESAA – COMMONWEALTH GAMES ROLL OF HONOUR

Sheila Sherwood (née Parkin) (Yorkshire)	Long Jump Gold 1960 J LJ-1, 1961 I LJ-2, 1962 I LJ-1, 1963 I LJ-1, 1964 S LJ-1
Alan Lerwill (Hampshire)	Long Jump Bronze 1963 I TJ
Barry King (Middlesex)	Decathlon Bronze 1960 J DT-2, 1961 I DT-3, 1962 I SP-1, 1963 S SP-1
Barry Williams (Cheshire)	Hammer Throw Bronze 1963 I HT-2, 1964 S HT-3, 1965 S HT-1
Bill Tancred (Suffolk)	Discus Throw Bronze 1958 I JT-4
Brendan Foster (Durham)	1500m Bronze 1960 J 1M-3
Bruce Fraser (Northumberland)	Hammer Throw Silver 1962 I HT-2, 1963 I HT-1, 1964 S HT-1
Dave Travis (Middlesex)	Javelin Throw Gold 1962 I JT-2, 1963 I JT-1, 1964 S JT-1
David Dear (Hampshire)	4 x 100m Bronze 1961 J 100y-3
Don Faircloth (Surrey)	Marathon Bronze 1965 I 1000mST-h
Ian Stewart (SCO) (Warwickshire)	5000m Gold 1964 I CC-47
John FitzSimons (Oxfordshire)	Javelin Throw Bronze 1960 S JT-5
John McSorley (Middlesex)	Javelin Throw Silver 1958 I JT-2, 1959 S JT-2
Martin Reynolds (Middlesex)	4 x 100m Bronze 1966 S 220y-5
Mike Hauck (Middlesex)	4 x 400m Bronze 1962 and 1963 S 440y-1

1974 – CHRISTCHURCH, NEW ZEALAND

Andrea Lynch (London)	100m Silver and 4 x 100m Silver 1969 I 100m-2, 1970 S 100m-1, 1971 S 200m-1
Ann Wilson (Essex)	Pentathlon Bronze 1963 and 1964 J HJ-1, 1965 and 1966 I LJ-1, 1968 S LJ-1
Barbara Lawton (née Inkpen)	High Jump Gold

ESAA – COMMONWEALTH GAMES ROLL OF HONOUR

(Surrey)	1965 I HJ-1, 1966 I HJ-1
Barbara Martin (Northamptonshire)	4 x 100m Silver 1969 I 100m-2, 1970 I 100m-2, 1971 I 100m-1, 1973 S 200m-2
Jannette Roscoe (née Champion) (Cheshire)	4 x 400m Gold 1964 S 100y-2, 1965 S 220y-2
Joan Allison (née Page) (London)	1500m Silver 1963 I 880y
Ruth Kennedy (Nottinghamshire)	4 x 400m Gold 1972 and 1973 I 400m-1, 1974 S 200m-2
Ruth Martin-Jones (WAL) (Shropshire)	Long Jump Bronze 1960 and 1961 J HJ-2
Sharon Corbett (Warwickshire)	Javelin Throw Bronze 1969 I JT-1, 1970 and 1971 S JT-2
Sonia Lannaman (Warwickshire)	4 x 100m Silver 1968, 1969 and 1970 J 100m-1, 1973 S 100m-1
Sue Pettett (Kent)	4 x 400m Gold 1973 and 1974 S 400m-2
Verona Bernard (later Elder) (Staffordshire)	400m Silver and 4 x 400m Gold 1968 I 100y-s-4
Yvonne Saunders (CAN) (Lancashire)	400m Gold and 4 x 400m Bronze 1967 and 1968 I HJ-1
Alan Lerwill (Hampshire)	Long Jump Gold 1963 I TJ
Alan Pascoe (Hampshire)	400m Hurdles Gold and 4 x 400m Silver 1965 S 120yH-3, 1966 S 120yH-1, 1967 S 120yH-1
Andy Carter (Devon)	4 x 400m Silver 1967 S 880y-h
Barry King (Middlesex)	Decathlon Silver 1960 J DT-2, 1961 I DT-3, 1962 I SP-1, 1963 S SP-1
Bill Tancred (Suffolk)	Discus Throw Silver 1964 J JT-3
Brendan Foster (Durham)	5000m Silver 1960 J 1M-3
Brian Hooper (Surrey)	Pole Vault Bronze 1969 I PV-2, 1970 and 1971 S PV-1
Charles Clover (Suffolk)	Javelin Throw Gold 1971 I JT-2

ESAA – COMMONWEALTH GAMES ROLL OF HONOUR

Dave Black (Warwickshire)	10000m Silver and 5000m Bronze 1968 I CC-7
Dave Travis (Middlesex)	Javelin Throw Silver 1962 I JT-2, 1963 I JT-1, 1964 S JT-1
Geoff Capes (Lincolnshire)	Shot Put Gold 1964 I SP-14
Ian Chipchase (Northumberland)	Hammer Throw Gold 1969 S HT-1, 1970 S HT-1
Ian Thompson (Bedfordshire)	Marathon Gold 1968 S CC-4
John Hillier (London)	Discus Throw Bronze 1962 and 1963 S DT-1
John Wilson (London)	4 x 400m Silver 1965 I 220y-2, 1966 S 440y-1, 1967 and 1968 S 440y-3
Mike Winch (Sussex)	Shot Put Silver 1966 S SP-1
1978 – EDMONTON, CANADA	
Ann Ford (née Yeoman) (Middlesex)	3000m Bronze 1968 I 880y-1
Beverley Goddard (Berkshire)	4 x 100m Gold 1973 S 200m-4
Chris Benning (née Tranter) (Lancashire)	1500m Silver 1969 J CC-2, 1969 J 800m-1, 1971 I 800m-1
Donna Hartley (née Murray) (Hampshire)	400m Gold and 4 x 400m Gold 1969 J 100m-3, 1970 I 200m-3
Jane Colebrook (Lincolnshire)	800m Bronze 1972 J 200m-3, 1973 I 400m-2, 1974 I 800m-1
Joslyn Hoyte-Smith (Yorkshire)	4 x 400m Gold 1972 S 200m-2, 1973 S 200m-3
Judy Oakes (Kent)	Shot Put Bronze 1973 I SP-3, 1974 I SP-1, 1975 and 1976 S SP-1
Kathy Smallwood (later Cook) (Hampshire)	4 x 100m Gold 1975 I 200m-2, 1976 I 200m-2, 1977 S 200m-1, 1978 S 200m-1
Lorna Boothe (Surrey)	100m Hurdles Gold 1970 I LJ-2, 1971 I LJ-2
Mary Stewart (Warwickshire)	1500m Gold 1970 J 800m-2, 1970 J CC-2, 1971 I CC-1

ESAA – COMMONWEALTH GAMES ROLL OF HONOUR

Paula Fudge (née Yeoman) (Middlesex)	3000m Gold 1968 I 880y-h-4
Ruth Kennedy (Nottinghamshire)	4 x 400m Gold 1972 and 1973 I 400m-1, 1974 S 200m-2
Sharon Colyear (Lancashire)	100m Hurdles Bronze and 4 x 100m Gold 1969 J 150y-1, 1970 and 1971 I 200m-1
Shirley Strong (Cheshire)	100m Hurdles Silver 1969 J 150y-1, 1970 and 1971 I 200m-1
Sonia Lannaman (Warwickshire)	100m Gold, 200m Silver and 4 x 100m Gold 1968 J 100y-1, 1969 J 100m-1, 1970 J 100m-1, 1973 S 100m-1
Sue Mapstone (Essex)	Pentathlon Silver 1971 J 75mH-1, 1972 I LJ-1, 1973 I LJ-3, 1974 S LJ-1
Sue Reeve (née Scott) (Warwickshire)	Long Jump Gold 1965 J 100y-3, 1966 J LJ-1, 1967 I LJ-2
Tessa Sanderson (Staffordshire)	Javelin Throw Gold 1970 J JT-3, 1972 I JT-1, 1973 S JT-1
Verona Elder (née Bernard) (Staffordshire)	400m Silver and 4 x 400m Gold 1968 I 100y-s-4
Yvette Wray (Shropshire)	Pentathlon Bronze 1975 I 75mH-2, 1976 S 100mH-2, 1977 S 100mH-1
Alan Drayton (Hampshire)	Decathlon Bronze 1968 I TJ-2
Alan Pascoe (Hampshire)	400m Hurdles Bronze 1965 S 120yH-3, 1966 S 120yH-1, 1967 S 120yH-1
Aston Moore (Warwickshire)	Triple Jump Bronze 1971 I TJ
Brendan Foster (Durham)	10000m Gold and 5000m Bronze 1960 J 1M-3
Brian Hooper (Surrey)	Pole Vault Bronze 1969 I PV-2, 1970 and 1971 S PV-1
Daley Thompson (London)	Decathlon Gold 1975 S 200m-1
David Moorcroft (Warwickshire)	1500m Gold 1972 S CC-3
Geoff Capes (Lincolnshire)	Shot Put Gold 1964 I SP-14
Keith Connor (Buckinghamshire)	Triple Jump Gold 1974 I TJ-1

ESAA – COMMONWEALTH GAMES ROLL OF HONOUR

Mike McLeod
(Northumberland) 10000m Bronze
1967 I CC-23

Peter Yates
(Devon) Javelin Throw Bronze
1974 S JT-1

1982 – BRISBANE, AUSTRALIA

Barbara Simmonds
(Oxfordshire) High Jump Bronze
1976 J HJ-1, 1977 I HJ-2, 1977 I HJ-1

Bev Kinch
(Suffolk) Long Jump Bronze
1979 I LJ-2, 1980 I LJ-3, 1981 and 1982 S LJ-1

Beverley Callender (née Goddard)
(Berkshire) 4 x 100m Gold
1973 S 200m-4

Christina Boxer
(Hampshire) 1500m Gold
1970 J 800m-3, 1971 J 800m-2, 1971 J CC-1, 1972 I 800m-1,
1973 I CC-1

Fatima Whitbread
(Essex) Javelin Throw Bronze
1977 I JT-1

Gillian Dainty
(Warwickshire) 1500m Silver
1973 J 800m-2

Joslyn Hoyte-Smith
(Yorkshire) 400m Bronze
1972 S 200m-2, 1973 S 200m-3

Judy Livermore
(Warwickshire) Heptathlon Silver
1977 I 80mH-2, 1978 S 100mH-2, 1979 S 100mH-3

Judy Oakes
(Kent) Shot Put Gold
1973 I SP-3, 1974 I SP-1, 1975 S SP-1, 1976 S SP-1

Kathy Smallwood (later Cook)
(Hampshire) 200m Silver and 4 x 100m Gold
1975 I 200m-2, 1976 I 200m-2, 1977 S 200m-1, 1978 S 200m-1

Kirsty McDermott (WAL)
(Somerset) 800m Gold
1979 S 800m-2, 1980 S 800m-1

Lorna Boothe
(Surrey) 100m Hurdles Silver
1970 I LJ-2, 1971 I LJ-2

Lynda Whiteley
(Hertfordshire) Discus Throw Bronze
1979 I DT-3, 1981 S DT-1

Michelle Scutt (née Probert) (WAL)
(Cheshire) 400m Silver
1976 I 200m-1, 1977 S 200m-2

Shirley Strong
(Cheshire) 100m Hurdles Gold
1974 I 80mH-1, 1975 I 80mH-1

Sonia Lannaman 4 x 100m Gold

ESAA – COMMONWEALTH GAMES ROLL OF HONOUR

(Warwickshire)	1968 J 100y-1, 1969 J 100m-1, 1970 J 100m-1, 1973 S 100m-1
Wendy Hoyte (née Clarke) (London)	4 x 100m Gold 1973 I 100m-2, 1974 I 100m-1
Wendy Sly (née Smith) (Surrey)	3000m Silver 1977 S CC-2
Yvette Wray (Shropshire)	400m Hurdles Bronze 1975 I 75mH-2, 1976 S 100mH-2, 1977 S 100mH-1
Aston Moore (Warwickshire)	Triple Jump Bronze 1971 I TJ
Bob Weir (West Midlands)	Hammer Throw Gold 1978 S DT-2, 1979 S HT-2
Chris McGeorge (Cumbria)	800m Bronze 1976 J 800m-2, 1977 I 800m-3, 1978 I 800m-1, 1979 S 800m-1, 1981 S 400m-2
Daley Thompson (London)	Decathlon Gold 1975 S 200m-1
David Moorcroft (Warwickshire)	5000m Gold 1972 S CC-3
Garry Cook (Staffordshire/West Midlands)	4 x 400m Gold 1974 I 800m-2, 1975 S 800m-3, 1976 S 800m-2
Graeme Fell (Essex)	3000m Steeplechase Silver 1977 S 2000mST-2
Jeff Gutteridge (Buckinghamshire)	Pole Vault Silver 1973 I PV-2
Julian Goater (Hertfordshire)	10000m Bronze 1970 S 5000m-1, 1971 S CC-1
Keith Connor (Buckinghamshire)	Triple Jump Gold 1974 I TJ-1
Mark Holtom (Staffordshire)	110m Hurdles Silver 1974 I 100mH-1, 1976 S 110mH-2, 1977 S 110mH-1
Martin Girvan (NIR) (Essex)	Hammer Throw Silver 1976 I HT-2, 1977 S HT-2, 1978 and 1979 S HT-1
Mike Gratton (Kent)	Marathon Bronze 1974 S 5000m-1
Mike McFarlane (London)	200m Gold 1974 J 200m-2, 1975 I 200m-1, 1976 I 200m-1, 1977 S 200m-1
Mike Winch (Sussex)	Shot Put Silver 1966 SP SP-1

ESAA – COMMONWEALTH GAMES ROLL OF HONOUR

Nick Rose (Warwickshire)	5000m Silver 1974 I 1500m-3
Phil Brown (West Midlands)	4 x 400m Gold 1976 J 200m-2, 1978 I 200m-1, 1979 S 200m-1
Steve Cram (Durham)	1500m Gold 1975 J CC-3, 1977 I 1500m-1, 1978 S 1500m-1, 1979 S 1500m-1
Steve Scutt ()	4 x 400m Gold 1974 S 400m-h
Todd Bennett (Hampshire)	4 x 400m Gold 1980 S 400m-3

1986 – EDINBURGH, SCOTLAND

Angela Piggford (Durham)	4 x 400m Bronze 1979 J 400m-4
Angela Tooby (WAL) (Hereford and Worcs)	10000m Bronze 1979 S CC-21
Diane Edwards (later Modahl) (Gtr. Manchester)	800m Silver 1982 I 800m-2, 1983 S 800m-2, 1984 S 800m-1
Fatima Whitbread (Essex)	Javelin Throw Silver 1977 I JT-1
Heather Oakes (née Hunte) (Middlesex)	100m Gold and 4 x 100m Gold 1975 I 100m-1, 1976 S 100m-1
Jane Parry (Cheshire)	4 x 400m Silver 1977 and 1978 J 200m-1, 1979 and 1980 I 200m-1, 1982 and 1983 S 200m-1
Joyce Oladapo (London)	Long Jump Gold 1980 I LJ-2, 1981 S LJ-2
Judy Oakes (Kent)	Shot Put Silver 1973 I SP-3, 1974 I SP-1, 1975 S SP-1, 1976 S SP-1
Judy Simpson (née Livermore) (Warwickshire)	Heptathlon Gold 1977 I 80mH, 1978 S 100mH-2, 1979 S 100mH-3
Karen Pugh (Warwickshire)	Discus Throw Bronze 1980 J DT-1, 1981 I DT-2, 1982 IDT-1, 1983 and 1984 S DT-1
Kathy Cook (née Smallwood) (Hampshire)	200m Silver, 400m Bronze, 4 x 100m Gold and 4 x 400m Silver 1975 I 200m-2, 1976 I 200m-2, 1977 S 200m-1, 1978 S 200m-1
Kim Hagger (Essex)	Heptathlon Bronze 1975 J LJ-1, 1976 J LJ-3, 1978 I LJ-2
Kirsty Wade (née McDermott) (WAL)	800m Gold and 1500m Gold

ESAA – COMMONWEALTH GAMES ROLL OF HONOUR

(Somerset)	1979 S 800m-2, 1980 S 800m-1
Linda Keough (Hampshire)	4 x 400m Silver 1979 I 400m-1, 1980 I 400m-1, 1981 S 400m-3
Lorraine Baker (West Midlands)	800m Bronze 1977 and 1978 J 800m-1, 1979 I 800m-1, 1980 I 800m-2
Mary Berkeley (Surrey)	Long Jump Silver 1983 S LJ-3, 1984 S LJ-3, 1985 S LJ-1
Myrtle Augee (London)	Shot Put Bronze 1981 I SP-2
Paula Dunn (Gtr. Manchester)	100m Silver and 4 x 100m Gold 1983 S 100m-3
Sally Gunnell (Essex)	100m Hurdles Gold 1980 J LJ-1, 1983 S 100mH-1, 1984 S 100mH-1
Tessa Sanderson (Staffordshire)	Javelin Throw Gold 1970 J JT-3, 1972 I JT-1, 1973 S JT-1
Wendy Jeal (née McDonnell) (Essex)	100m Hurdles Silver 1975 J 75mH-1, 1977 I 80mH-1, 1978 and 1979 S 100mH
Andy Ashurst (Gtr. Manchester)	Pole Vault Gold 1980 I PV-2, 1982 S PV-2, 1983 S PV-1
Billy Cole (Essex)	Shot Put Gold 1979 J SP-1, 1980 I SP-2, 1981 I SP-2, 1982 S SP-1
Colin Reitz (Essex)	3000m Steeplechase Bronze 1975 I 1500mST-4
Daley Thompson (London)	Decathlon Gold and 4 x 100m Silver 1975 S 200m-1
Dave Smith (Humberside)	Hammer Throw Gold 1978 I HT-4
David Ottley (Essex)	Javelin Throw Gold 1969 J JT-2, 1971 I JT-1, 1972 S JT-2, 1973 S JT-1
Geoff Parsons (SCO) (Kent)	High Jump Silver 1980 I HJ-1, 1982 and 1983 S HJ-1
Graeme Fell (CAN) (Essex)	3000m Steeplechase Gold 1977 S 2000mST-2
Henderson Pierre (Middlesex)	High Jump Bronze 1980 I HJ-3
Ian McCombie (Northumberland)	30k Walk Bronze 1975 J 3k Walk-1, 1976 and 1977 I 5k Walk-1, 1978 10k Walk-3, 1979 10k Walk-1

ESAA – COMMONWEALTH GAMES ROLL OF HONOUR

Jack Buckner (Nottinghamshire)	5000m Silver 1979 S 1500m-2
John Gladwin ()	1500m Silver
John Herbert (Essex)	Triple Jump Gold 1979 S TJ-1, 1980 S TJ-2
Jon Solly (Berkshire)	10000m Gold 1978 I CC-110
Lincoln Asquith (West Midlands)	4 x 100m Silver 1980 I 100m-1, 1981 S 100m-1, 1982 S 200m-1
Linford Christie (London)	100m Silver 1979 S 200m-2
Martin Girvan (NIR) (Essex)	Hammer Throw Silver 1976 I HT-2, 1977 S HT-2, 1978 and 1979 S HT-1
Max Robertson (Somerset)	400m Hurdles Silver 1979 I 400mH-2, 1980 I 400mH-1, 1981 S 400mH-2, 1982 S 400mH-1
Mick Hill (West Yorkshire)	Javelin Throw Silver 1981 I JT-2, 1983 S JT-1
Mike Makin (West Yorkshire)	Triple Jump Silver 1978 I TJ-7
Mike McFarlane (London)	100m Bronze and 4 x 100m Silver 1974 J 200m-2, 1975 I 200m-1, 1976 I 200m-1, 1977 S 200m-1
Peter Elliott (South Yorkshire)	800m Bronze 1977 J CC-1, 1977 J 800m-1, 1978 I 800m-2, 1979 I CC-1, 1979 I 800m-1
Phil Brown (West Midlands)	400m Bronze and 4 x 400m Gold 1976 J 200m-2, 1978 I 200m-1, 1979 S 200m-1
Roger Black (Hampshire)	400m Gold and 4 x 400m Gold 1984 S 200m-4
Roger Hackney (WAL) (Hampshire)	3000m Steeplechase Silver 1976 S CC-17
Steve Cram (Durham)	800m Gold and 1500m Gold 1975 J CC-3, 1977 I 1500m-1, 1978 S 1500m-1, 1979 S 1500m-1
Steve Ovett (Sussex)	5000m Gold 1970 J 400m-1, 1971 I 400m-3, 1972 I 800m-1, 1972 I CC-2, 1973 S CC-2
Tim Hutchings (Sussex)	5000m Bronze 1975 I 1500m-2

ESAA – COMMONWEALTH GAMES ROLL OF HONOUR

Todd Bennett (Hampshire)	200m Silver and 4 x 400m Gold 1980 S 400m-3
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1990 – AUCKLAND, NEW ZEALAND

Angela Piggford (Durham)	4 x 400m Gold 1979 J 400m-4
Angie Pain (later Hulley) (Devon)	Marathon Bronze 1979 S CC-59
Ann Williams (Merseyside)	800m Silver 1982 S 400m-1
Beverley Nicholson (Cheshire)	1500m Bronze 1985 S 800m-2
Christina Cahill (née Boxer) (Hampshire)	1500m Silver 1970 J 800m-3, 1971 J 800m-2, 1971 J CC-1, 1972 I 800m-1, 1973 I CC-1
Diane Edwards (later Modahl) (Gtr. Manchester)	800m Gold 1982 I 800m-2, 1983 S 800m-2, 1984 S 800m-1
Fiona May (Derbyshire)	Long Jump Bronze 1983 J LJ-2, 1985 I LJ-2, 1986 I LJ-1, 1987, 1988 and 1989 S LJ-1
Jennifer Stoute (London)	4 x 400m Gold and 4 x 100m Silver 1984 S 200m-h-3
Jill Hunter (Durham)	10000m Silver 1980 J 800m h-6
Judy Oakes (Kent)	Shot Put Silver 1973 I SP-3, 1974 I SP-1, 1975 S SP-1, 1976 S SP-1
Judy Simpson (née Livermore) (Warwickshire)	Heptathlon Bronze 1977 I 80mH-2, 1978 S 100mH-2, 1979 S 100mH-3
Kay Morley (WAL) (South Yorkshire)	100m Hurdles Gold 1981 S 100mH-2
Leslie-Ann Skeete (Somerset and Wiltshire)	100m Hurdles Bronze 1984 S 100mH-3, 1985 and 1986 S 100mH-1
Linda Keough (Hampshire)	400m Silver and 4 x 400m Gold 1979 I 400m-1, 1980 I 400m-1, 1981 S 400m-3
Lisa Langford (later Kehler) (West Midlands)	10k Walk Bronze 1980 J 2.5k Walk-3, 1981 J 2.5k Walk-1, 1984 and 1985 S 5K Walk-1
Myrtle Augee (London)	Shot Put Gold 1981 I SP-2
Paula Dunn	4 x 100m Silver

ESAA – COMMONWEALTH GAMES ROLL OF HONOUR

(Gtr. Manchester)	1983 S 100m-3
Sally Gunnell (Essex)	100m Hurdles Silver, 400m Hurdles Gold and 4 x 400m Gold 1980 J LJ-1, 1983 S 100mH-1, 1984 S 100mH-1
Simmone Jacobs (Berkshire)	4 x 100m Silver 1981 J 200m-1, 1983 I 200m-1, 1984 S 200m-1, 1985 S 200m-2
Stephanie Douglas (Oxfordshire and Buckinghamshire)	4 x 100m Silver 1983 J 200m-3, 1984 and 1985 I 80mH-2, 1986 S 100mH-3, 1987 S 100mH-2
Tessa Sanderson (Staffordshire)	Javelin Throw Gold 1970 J JT-3, 1972 I JT-1, 1973 S JT-1
Yvonne Hanson-Nortey (South Yorkshire)	Shot Put Bronze 1983 S SP-4
Ade Mafe (Middlesex)	200m Bronze 1981 J 200m-2, 1983 I 200m-1
Dalton Grant (London)	High Jump Silver 1982 I HJ-1
Dave Smith (Humberside)	Hammer Throw Gold 1978 I HT-4
David Nelson (West Midlands)	110m Hurdles Bronze 1984 S 110mH-4
Eamonn Martin (Essex)	10000m Gold 1973 J 1500m-3, 1975 I 1500m-1
Eugene Gilkes (Kent)	Decathlon Bronze 1979 and 1980 S 400m-2
Geoff Parsons (SCO) (Kent)	High Jump Bronze 1980 I HJ-1, 1982 and 1983 S HJ-1
Ian McCombie (Northumberland)	30k Walk Bronze 1975 J 3k Walk-1, 1976 I 5k Walk-1, 1977 I 5k Walk-1, 1979 S 10k Walk-1
Ian Tullett (Surrey)	Pole Vault Silver 1985 I PV-3, 1986 and 1987 S PV-3, 1988 S PV-1
Jonathan Edwards (Devon)	Triple Jump Silver 1984 S TJ-1
Linford Christie (London)	100m Gold and 4 x 100m Gold 1979 S 200m-2
Marcus Adam (London)	200m Gold and 4 x 100m Gold 1984 I 200m-1, 1985 S 200m-2
Matthew Yates	800m Bronze

ESAA – COMMONWEALTH GAMES ROLL OF HONOUR

(Essex)	1987 S 800m-3
Mick Hill (West Yorkshire)	Javelin Throw Silver 1981 I JT-2, 1983 S JT-1
Peter Elliott (South Yorkshire)	1500m Gold 1977 J CC-1, 1977 J 800m-1, 1978 I 800m-2, 1979 I CC-1, 1979 I 800m-1
Simon Williams (Middlesex)	Shot Put Gold 1982 J SP-2, 1984 I SP-1, 1985 S SP-1, 1986 S SP-1
Steve Backley (Kent)	Javelin Throw Gold 1985 I JT-2, 1986 S JT-1, 1987 S JT-1
Tony Jarrett (Middlesex)	110m Hurdles Silver 1986 S 110mH-1

Tony Jarrett (Middlesex) also ran in the heats of the 4 x 100m (gold) but not in the final.

1994 – VICTORIA, CANADA

Alison Wyeth (Hampshire)	3000m Bronze 1983 S 1500m-s-7
Debbie Marti (Surrey)	High Jump Bronze 1981 J HJ-3, 1982 J HJ-1, 1983 and 1984 I LJ-1, 1985 S HJ-3
Denise Lewis (West Midlands)	Heptathlon Gold 1985 J LJ-3, 1986 J LJ-1, 1987 I LJ-3, 1988 I HEP-2, 1988 I LJ-1
Geraldine McLeod (West Midlands)	4 x 100m Bronze 1988 I 100m-1, 1989 S 100m-1, 1991 S 100m-2
Jacqui Agyepong (London)	100m Hurdles Silver 1987 S 100mH-1
Judy Oakes (Kent)	Shot Put Gold 1973 I SP-3, 1974 I SP-1, 1975 S SP-1, 1976 S SP-1
Kelly Holmes (Kent)	1500m Gold 1983 J 1500m-1, 1984 J 1500-2, 1986 I 1500m-3, 1987 S 1500m-1
Linda Keough (Hampshire)	4 x 400m Gold 1979 I 400m-1, 1980 I 400m-1, 1981 S 400m-3
Myrtle Augee (London)	Shot Put Silver 1981 I SP-2
Oluoyinka Idowu (Oxfordshire)	Long Jump Silver 1988 I HEP-1, 1989 S LJ-3, 1989 S HEP-1, 1990 S LJ-2
Paula Thomas (née Dunn) (Gtr. Manchester)	100m Bronze and 4 x 100m Bronze 1983 S 100m-3
Sally Gunnell	400m Hurdles Gold and 4 x 400m Gold

ESAA – COMMONWEALTH GAMES ROLL OF HONOUR

(Essex)	1980 J LJ-1, 1983 S 100mH-1, 1984 S 100mH-1
Sam Farquharson (Surrey)	100m Hurdles Bronze 1985 I 80mH-1, 1986 I 80mH-2, 1988 S 100mH-3, 1989 S 100mH-2
Sharon Gibson (Nottinghamshire)	Javelin Throw Bronze 1980 S JT-1
Simmone Jacobs (Berkshire)	4 x 100m Bronze 1981 J 200m-1, 1983 I 200m-1, 1984 S 200m-1, 1985 S 200m-2
Stephanie Douglas (Oxfordshire and Buckinghamshire)	4 x 100m Bronze 1983 J 200m-3, 1984 and 1985 I 80mH-2, 1986 S 100mH-3, 1987 S 100mH-2
Tracy Goddard (Hampshire)	4 x 400m Gold 1984 J 200m-3, 1986 I 200m-1, 1987 S 400m-1
Adrian Patrick (Berkshire)	4 x 400m Gold 1987 J 400m-1, 1988 and 1989 I 400m
Bob Weir (West Midlands)	Discus Throw Bronze 1978 S DT-2, 1979 S HT-2
David McKenzie (Surrey)	4 x 400m Gold 1985 J 400m-1, 1986 I 400m-2, 1987 I 400m-1, 1988 S 400m-1
Geoff Parsons (SCO) (Kent)	High Jump Bronze 1980 I HJ-1, 1982 and 1983 S HJ-1
Graeme Fell (CAN) (Essex)	3000m Steeplechase Bronze 1977 S 2000mST-2
Jason John (West Midlands)	4 x 100m Bronze 1986 J 100m-1, 1989 and 1990 S 100m-1
John Mayock (South Yorkshire)	1500m Bronze 1988 S 3000m-2, 1989 S 3000m-1, 1989 S CC-2, 1990 S 1500m-2, 1990 S CC-1
John Nuttall (Lancashire)	5000m Bronze 1983 I 3000m-2, 1984 S 3000m-3, 1985 I 3000m-1
Jonathan Edwards (Devon)	Triple Jump Silver 1984 S TJ-1
Julian Golley (Middlesex)	Triple Jump Gold 1988 I TJ-3, 1989 S TJ-1, 1990 S TJ-1, 1991 S TJ-1
Linford Christie (London)	100m Gold 1979 S 200m-2
Mark Hudspith (Northumberland)	Marathon Bronze 1987 S 3000m-h-7
Matt Simson	Shot Put Gold

ESAA – COMMONWEALTH GAMES ROLL OF HONOUR

(Essex)	1984 J SP-1, 1986 I SP-1, 1987 S SP-1
Mick Hill (West Yorkshire)	Javelin Throw Silver 1981 I JT-2, 1983 S JT-1
Neil Winter (WAL) (Avon)	Pole Vault Gold 1987 J PV-1, 1988 J PV-1
Paul Head (Essex)	Hammer Throw Silver 1979 J HT-2, 1980 I HT-2, 1981 I HT-1, 1982 S HT-2, 1983 S HT-1
Peter Crampton (West Yorkshire)	4 x 400m Gold 1985 I 400m-3, 1987 S 200m-1
Peter Vivian (Middlesex)	Hammer Throw Bronze 1984 and 1985 J HT-1, 1986 I HT-1, 1987 I HT-2, 1988 and 1989 S HT-1
Phil Goedluck (London)	4 x 100m Bronze 1982 J 100m-1, 1984 I 100m-3
Rob Denmark (Essex)	5000m Gold 1985 I 1500m-1, 1986 S 1500m-3, 1987 S 1500m-3
Steve Backley (Kent)	Javelin Throw Gold 1985 I JT-2, 1986 S JT-1, 1987 S JT-1
Steve Smith (Merseyside)	High Jump Silver 1987 J HJ-1, 1988 I HJ-2, 1989 I HJ-2, 1990 S HJ-2, 1991 S HJ-2
Tim Berrett (CAN) (Kent)	30k Walk Silver 1979 J 3k Walk-2, 1980 and 1981 I 5k Walk-1, 1982 S 10k Walk-1, 1983 10k Walk-2
Toby Box (Gtr. Manchester)	4 x 100m Bronze 1991 S 100m-3
Tony Jarrett (Middlesex)	110m Hurdles Silver 1986 S 110mH-1

Mark Smith (Essex) ran in the heats of the 4 x 100m (bronze) but not in the final. Mark Smith (Essex) and Alex Fugallo (London) ran in the heats of the 4 x 400m (gold) but not in the final.

1998 – KUALA LUMPUR, MALAYSIA

Allison Curbishley (SCO) (Cleveland)	400m Silver 1991 and 1992 I 300mH-1, 1993 S 400mh-I, 1994 S 400m-1
Andrea Whitcombe (Middlesex)	5000m Silver 1988 S 3000m-1
Ashia Hansen (Essex)	Triple Jump Gold 1989 S LJ-9
Connie Henry (Middlesex)	Triple Jump Bronze 1988 I LJ q-10

ESAA – COMMONWEALTH GAMES ROLL OF HONOUR

Denise Lewis (West Midlands)	Heptathlon Gold 1985 J LJ-3, 1986 J LJ-1, 1987 I LJ-3, 1988 I HEP-2, 1988 I LJ-1
Diane Modahl (née Edwards) (Gtr. Manchester)	800m Bronze 1982 I 800m-2, 1983 S 800m-2, 1984 S 800m-1
Donna Fraser (Surrey)	400m Bronze, 4 x 100m Bronze and 4 x 400m Silver 1986 J 200m-1, 1987 J 200m-1, 1988 I 200m-1, 1989 I 200m-1, 1990 S 200m-1
Jo Jennings (Suffolk)	High Jump Silver 1984 J HJ-1, 1985 and 1986 I HJ-1, 1987 S HJ-1, 1988 S HJ-2
Jo Wise (Warwickshire)	Long Jump Gold 1985 J LJ-2, 1986 I LJ-2, 1987 I LJ-1, 1989 S LJ-2, 1990 S LJ-1
Joice Maduaka (London)	4 x 100m Bronze 1991 S 100m-3, 1992 S 100m-3
Judy Oakes (Kent)	Shot Put Gold 1973 I SP-3, 1974 I SP-1, 1975 S SP-1, 1976 S SP-1
Karen Martin (Derbyshire)	Javelin Throw Silver 1990 I JT-3
Kelly Holmes (Kent)	1500m Silver 1983 J 1500m-1, 1984 J 1500-2, 1986 I 1500m-3, 1987 S 1500m-1
Kirsty Morrison (Kent)	Javelin Throw Bronze 1989 J JT-2, 1990 J JT-1, 1991 and 1992 I JT-1, 1993 and 1994 S JT-1
Lisa Kehler (née Langford) (West Midlands)	10k Walk Bronze 1980 J 2.5k Walk-3, 1981 J 2.5k Walk-1, 1984 and 1985 S 5K Walk-1
Marcia Richardson (Berkshire)	4 x 100m Bronze 1990 S 200m-3
Michelle Pierre (Surrey)	4 x 400m Silver 1990 I 400m-3
Myrtle Augée (London)	Shot Put Silver 1981 I SP-2
Simmone Jacobs (Berkshire)	4 x 100m Bronze 1981 J 200m-1, 1983 I 200m-1, 1984 S 200m-1, 1985 S 200m-2
Victoria Day (Essex)	4 x 400m Silver 1991 S 400mH-3
Ben Challenger (Leicestershire)	High Jump Silver 1994 I HJ-1, 1996 and 1997 S HJ-1
Bob Weir (West Midlands)	Discus Throw Gold 1978 S DT-2, 1979 S HT-2

ESAA – COMMONWEALTH GAMES ROLL OF HONOUR

Dalton Grant (London)	High Jump Gold 1982 I HJ-1, 65 S 120yH-3, 1966 S 120yH-1, 1967 S 120yH-1
Darren Campbell (Gtr. Manchester)	4 x 100m Gold 1988 J 200m-3, 1989 I 200m-1, 1991 S 200m-1
Dwain Chambers (Middlesex)	4 x 100m Gold 1994 I 100m-1
Iwan Thomas (WAL) (Lincolnshire)	400m Gold and 4 x 400m Bronze 1992 S 400m-2
John Mayock (South Yorkshire)	1500m Silver 1988 S 3000m-2, 1989 S 3000m-1, 1989 S CC-2, 1990 S 1500m-2, 1990 S CC-1
Julian Golding (London)	200m Gold and 4 x 100m Gold 1992 S 200m-5
Larry Achike (Sussex)	Triple Jump Gold 1989 J TJ-1, 1991 I S TJ-1, 1992 S TJ-1, 1993 S TJ-1
Mark Hylton (Berkshire)	4 x 400m Silver 1991 J 200m-1, 1993 I 400m-1, 1994 and 1995 S 400m-1
Mark Richardson (Berkshire)	400m Silver and 4 x 400m Silver 1988 I 400m-1, 1989 S 400m-1, 1990 S 400m-2
Marlon Devonish (West Midlands)	4 x 100m Gold 1994 S 200m-1, 1995 S 100m-1
Mick Hill (West Yorkshire)	Javelin Throw Bronze 1981 I JT-2, 1983 S JT-1
Mick Jones (Sussex)	Hammer Throw Silver 1979 I HT-3
Paul Slythe (Kent)	4 x 400m Silver 1993 S 400m-3, 1994 S 400m-2
Shaun Pickering (WAL) (Hertfordshire)	Shot Put Bronze 1978 I HT-1, 1979 S HT-3, 1980 and 1981 S HT-1
Solomon Wariso (Middlesex)	4 x 400m Silver 1986 S 200m-2
Steve Backley (Kent)	Javelin Throw Silver 1985 I JT-2, 1986 S JT-1, 1987 S JT-1
Tony Jarrett (Middlesex)	110m Hurdles Gold 1986 S 110mH-1

Jason Gardener (Avon) ran in the heats of the 4 x 100m (gold) but not in the final. Jared Deacon (Durham) and Sean Baldock (Sussex) ran in the heats of the 4 x 400m (silver) but not in the final.

ESAA – COMMONWEALTH GAMES ROLL OF HONOUR

2002 – MANCHESTER, ENGLAND

Abe Oyepitan (Middlesex)	4 x 100m Bronze 1996 I 100m-3, 1998 S 100m-1
Ashia Hansen (Essex)	Triple Jump Gold 1989 S LJ-9
Helen Frost (Leicestershire)	4 x 400m Silver 1990 I 300mH-3, 1992 S 400m-1
Helen Karagounis (née Thieme) (Nottinghamshire)	4 x 400m Silver 1997 I 300m-3, 1998 I 300mH-2, 1999 and 2000 S 400m-1
Helen Pattinson (Lancashire)	1500m Bronze 1993 S CC-52
Jade Johnson (London)	Long Jump Silver 1994 J LJ-2, 1995 I LJ-1, 1996 I LJ-3, 1998 S 200m-3
Joice Maduaka (London)	4 x 100m Bronze 1991 S 100m-3, 1992 S 100m-3
Kelly Holmes (Kent)	1500m Gold 1983 J 1500m-1, 1984 J 1500-2, 1986 I 1500m-3, 1987 S 1500m-1
Kelly Morgan (Wiltshire)	Javelin Throw Bronze 1994 J JT-1, 1995 I JT-1, 1998 S JT-1
Lisa Kehler (née Langford) (West Midlands)	20k Walk Silver 1980 J 2.5k Walk-3, 1981 J 2.5k Walk-1, 1984 and 1985 S 5K Walk-1
Lisa Miller (London)	4 x 400m Silver 1999 I 300m-2, 2000 and 2001 S 400m-2
Melanie Purkiss (Hampshire)	4 x 400m Silver 1996 S 200m-2
Paula Radcliffe (Bedfordshire)	5000m Gold 1988 J CC-3, 1989 I CC-3, 1990 I 1500m-3, 1990 I CC-2, 1991 S 1500m-1, 1991 S CC-2, 1992 S 3000m-1, 1992 S CC-1
Shani Anderson (London)	4 x 100m Bronze 1992 S LJ-3
Shelley Newman (née Drew) (Surrey)	Discus Throw Bronze 1989 I DT-2
Susan Jones (Gtr. Manchester)	High Jump Silver 1992 J HJ-2, 1993 and 1994 I HJ-1, 1996 S HJ-1
Vernicha James (London)	4 x 100m Bronze 1997 and 1998 J 200m-1, 1999 and 2000 I 200m, 2001 S 200m-1

Jenny Meadows (Gtr. Manchester) ran in the heats of the 4 x 400m (silver) but not in the final.

ESAA – COMMONWEALTH GAMES ROLL OF HONOUR

Allyn Condon (Cheshire)	4 x 100m Gold 1991 S 400m-2, 1992 S 200m-1, 1993 S 100m-1
Ben Challenger (Leicestershire)	High Jump Bronze 1994 I HJ-1, 1996 and 1997 S HJ-1
Bob Weir (West Midlands)	Discus Throw Bronze 1978 S DT-2, 1979 S HT-2
Carl Myerscough (Lancashire and Somerset)	Shot Put Bronze 1995 I DT-3, 1996 I SP-1
Darren Campbell (Gtr. Manchester)	200m Bronze and 4 x 100m Gold 1988 J 200m-3, 1989 I 200m-1, 1991 S 200m-1
Iwan Thomas (WAL) (Lincolnshire)	4 x 400m Silver 1992 S 400m-2
Jamie Quarry (SCO) (Kent)	Decathlon Bronze 1987 J TJ-1, 1989 I 400mH-1, 1990 S 110mH-2, 1990 S DEC-1, 1991 S 110mH-1
Jared Deacon (Durham)	4 x 400m Gold 1992 I 200m-r2-3
Jason Gardener (Avon)	4 x 100m Gold 1993 S 100m-3
Jonathan Edwards (Devon)	Triple Jump Gold 1984 S TJ-1
Marlon Devonish (West Midlands)	200m Silver and 4 x 100m Gold 1994 S 200m-1, 1995 S 100m-1
Michael East (Hampshire)	1500m Gold 1996 S 800m-2
Mick Jones (Sussex)	Hammer Throw Gold 1979 I HT-3
Nathan Morgan (Leicestershire)	Long Jump Gold 1994 I LJ-2, 1996 S LJ-1
Nick Nieland (Hertfordshire)	Javelin Throw Bronze 1990 S JT-3
Paul Head (Essex)	Hammer Throw Bronze 1979 J HT-2, 1980 I HT-2, 1981 I HT-1, 1982 S HT-2, 1983 S HT-1
Philips Idowu (London)	Triple Jump Silver 1996 S TJ-2, 1997 S TJ-1
Sean Baldock (Sussex)	4 x 400m Gold 1996 S 400m-2
Steve Backley	Javelin Throw Gold

ESAA – COMMONWEALTH GAMES ROLL OF HONOUR

(Kent)	1985 I JT-2, 1986 S JT-1, 1987 S JT-1
Tim Berrett (CAN)	50k Walk Bronze
(Kent)	1979 J 3k Walk-2, 1980 and 1981 I 5k Walk-1, 1982 S 10k Walk-1, 1983 10k Walk-2

Mark Hylton (Berkshire) and Cori Henry (Nottinghamshire) ran in the heats of the 4 x 400m (gold) but not in the final.

2006 – MELBOURNE, AUSTRALIA

Anyika Onuora (Merseyside)	4 x 100m Silver 2001 I 100m-1, 2002 S 100m-1
Emma Ania (Middlesex)	4 x 100m Silver 1992 J 200m-1, 1995 I 200m-1
Jessica Ennis (South Yorkshire)	Heptathlon Bronze 2000 J HJ-1, 2001 I HJ-2, 2001 I HEP-2, 2002 I HJ-1
Jo Pavey (née Davis) (Devon)	5000m Silver 1988 J 1500m-1
Julie Crane (WAL) (Nottinghamshire)	High Jump Silver 1994 S HJ-1, 1995 S HJ-3
Kelly Sotherton (Hampshire)	Heptathlon Gold 1991 J PEN-2, 1992 I HEP-1, 1993 I HEP-2, 1994 S TJ-3, 1994 S HEP-1, 1995 S LJ-3, 1995 S HEP-2
Kim Wall (Essex)	4 x 100m Silver 1997 J 100m-2, 1998 and 1999 I 300m-1, 2000 S 200m-1, 2001 S 400m-1
Laura Turner (Middlesex)	4 x 100m Silver 1999 S 100mH-7
Lisa Dobriskey (Kent)	1500m Gold 1997 J 800m-3, 1998 J 800m-1, 1999 I 800m-1, 2000 I 800m-2, 2001 S 1500m-1
Liz Yelling (née Talbot) (Bedfordshire)	Marathon Bronze 1991 I 1500m-2, 1991 I CC-3, 1992 S 1500m-2, 1993 S 1500m-1
Nadia Williams (Middlesex)	Triple Jump Bronze 2000 S LJ-3
Natasha Danvers-Smith (Kent and London)	400m Hurdles Silver 1992 J 75mH-2, 1992 J PEN-3, 1993 I 300mH-1, 1994 I 300mH-1, 1995 S 100mH-1
Andy Turner (Nottinghamshire)	110m Hurdles Bronze 1997 I 100mH-1, 1998 S 110mH-3, 1999 S 110mH-2

ESAA – COMMONWEALTH GAMES ROLL OF HONOUR

Dean Macey (Essex)	Decathlon Gold 1994 I OCT-1, 1995 S DEC-1
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Martyn Bernard (West Yorkshire)	High Jump Silver 2001 I HJ-1
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Nick Nieland (Hertfordshire)	Javelin Throw Gold 1990 S JT-3
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Philips Idowu (London)	Triple Jump Gold 1996 S TJ-2, 1997 S TJ-1
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Steven Lewis (Staffordshire)	Pole Vault Bronze 2000 I PV-1, 2002 I PV-1
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2010 – DELHI, INDIA

Abe Oyepitan (Middlesex)	200m Silver and 4 x 100m Gold 1996 I 100m-3, 1998 S 100m-1
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Grace Clements (Kent)	Heptathlon Bronze 2002 S HEP-5
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Johanna Jackson (Cleveland)	20k Walk Gold 2002 S 5k Walk-3, 2003 S 5k Walk-2
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Kate Dennison (Cheshire)	Pole Vault Bronze 2001 S PV-1
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Katherine Endacott (Devon)	100m Silver and 4 x 100m Gold 1996 I 200m-h-7
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Kelly Massey (West Midlands)	4 x 400m Silver 2002 S 100m-8
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Laura Turner (Middlesex)	4 x 100m Gold 1999 S 100mH-7
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Louise Hazel (Cambridgeshire)	Heptathlon Gold 1999 J PEN-1, 2000 J 100m-1, 2000 J PEN-1, 2001 I 100m-3, 2001 I HEP-3, 2003 S 100y-3, 2004 S LJ-1
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Meghan Beesley (Warwickshire)	4 x 400m Silver 2004 J PEN-1, 2005 I 300mH-2, 2005 I HEP-2, 2006 I 300mH-1, 2006 I HEP-1, 2007 S 100m-2, 2008 S HEP-1
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Montell Douglas (Kent)	4 x 100m Gold 2001 I 100m-2, 2002 I 100m-1
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Nadine Okyere (West Midlands)	4 x 400m Silver 2005 S HEP-9
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Nikki Hamblin (NZL) (Dorset and Somerset)	800m Silver and 1500m Silver 2001 J 1500m-3, 2002 J 1500m-1, 2003 and 2004 I 800m-1, 2006 S 800m-3
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ESAA – COMMONWEALTH GAMES ROLL OF HONOUR

Stephanie Twell (SCO)
(Hampshire)

1500m Bronze
2006 S 3000m-1

Zoe Derham
(Avon)

Hammer Throw Bronze
1999 S DT-8

Joice Maduaka (London) ran in the heats of the 4 x 400m (silver) but not in the final.

Alex Smith
(Humberside)

Hammer Throw Silver
2003 and 2004 I HT-1, 2005 S HT-1

Andy Turner
(Nottinghamshire)

110m Hurdles Gold
1997 I 100mH-1, 1998 S 110mH-3, 1999 S 110mH-2

Carl Myerscough
(Lancashire and Somerset)

Discus Throw Bronze
1995 I DT-3, 1996 I SP-1

Greg Rutherford
(Buckinghamshire)

Long Jump Silver
2004 S LJ-4

Lawrence Clarke
(Berkshire)

110m Hurdles Bronze
2008 S 110mH-3

Leon Baptiste
(Middlesex)

200m Gold and 4 x 100m Gold
2002 S 200m-1

Mark Lewis-Francis
(West Midlands)

100m Silver and 4 x 100m Gold
1996 J 100m-3, 1997 J 100m-1, 1998 I 100m-1

Marlon Devonish
(West Midlands)

4 x 100m Gold
1994 S 200m-1, 1995 S 100m-1

Martin Brockman
(Kent)

Decathlon Bronze
2006 S HJ-9

Max Eaves
(Lancashire)

Pole Vault Bronze
2004 I PV-3, 2006 S PV-1

Mike Floyd
(Gtr. Manchester)

Hammer Throw Bronze
1993 I HT-2, 1995 S HT-2

Nick Leavey
(Kent)

4 x 400m Bronze
2004 S 400m-1

Richard Yates
(Gtr. Manchester)

4 x 400m Bronze
2004 S 400m-1

Robert Tobin
(Hampshire)

4 x 400m Bronze
1999 I 400m-2, 2000 I 400m-1, 2001 S 400m-1

Ryan Scott
(Avon)

4 x 100m Gold
2004 S 100m-1, 2005 S 100m-2

Steven Lewis
(Staffordshire)

Pole Vault Silver
2000 I PV-1, 2002 I PV-1

ESAA – COMMONWEALTH GAMES ROLL OF HONOUR

Tosin Oke (NGR) (London)	Triple Jump Gold 1997 I TJ-2, 1998 S TJ-3
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Will Sharman (Northamptonshire)	110m Hurdles Silver 2003 S 110mH-2
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David Hughes (Humberside) and Graham Hedman (Essex) ran in the heats of the 4 x 400m (bronze) but not in the final.

2014 – GLASGOW, SCOTLAND

Anyika Onuora (Merseyside)	4x 400m Bronze 2001 I 100m-1, 2002 S 100m-1
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Asha Philip (Essex)	4 x 100m Bronze 2005 J 100m-2
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Ashleigh Nelson (Staffordshire)	4 x 100m Bronze 2004 J 100m-1, 2005 J 100m-1, 2006 I 100m -1
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Bianca Williams (Middlesex)	200m Bronze and 4 x 100m Bronze 2009 and 2010 I 100m-2
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Isobel Pooley (Hampshire)	High Jump Silver 2009 I HJ-1, 2010 S HJ-1
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Jade Lally (née Nicholls) (Surrey)	Discus Throw Bronze 2004 S DT-6
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Jazmin Sawyers (Staffordshire)	Long Jump Silver 2007 J HJ-2, 2007 J PEN-2, 2008 J LJ-1, 2008 J PEN-1, 2009 I LJ-1, 2009 I PEN-1
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Jessica Taylor (North Yorkshire)	Heptathlon Bronze 2006 S HEP-6
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Jo Pavey (née Davis) (Devon)	5000m Bronze 1988 J 1500m-1
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Jodie Williams (Hertfordshire)	200m Silver and 4 x 100m Bronze 2007 and 2008 J 100m-1
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Kelly Massey (West Midlands)	4 x 400m Bronze 2002 S 100m-8
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Laura Samuel (Leicestershire & Rutland)	Triple Jump Silver 2007 I LJ-1, 2008 S LJ-2, 2009 S TJ-1
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Laura Weightman (Northumberland)	1500m Silver 2007 I 1500m-1, 2008 S 1500m-1, 2009 S 1500m-1
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Sally Scott (Northumberland)	Pole Vault Bronze 2007 I PV-3
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Sophie Hitchon	Hammer Throw Bronze
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ESAA – COMMONWEALTH GAMES ROLL OF HONOUR

(Lancashire)

2009 S HT-1

Anyika Onuora (Merseyside) and Louise Bloor (South Yorkshire) ran in the heats of the 4 x 100m (bronze) but not in the final. Emily Diamond (Avon) and Margaret Adeoye (Middlesex) ran in the heats of the 4 x 400m (bronze) but not in the final.

Adam Gemili
(Kent)

100m Silver and 4 x 100m Silver
2010 I 100m-2

Ashley Bryant
(Surrey)

Decathlon Silver
2005 J JT-1, 2005 J PEN-3, 2006 and 2007 I OCT-1, 2007 I JT-1,
2008 S DEC-2, 2009 S JT-2, 2009 S DEC-1

Daniel Awde
(Essex)

4 x 400m Gold
2006 S DEC-1

Danny Talbot
(Wiltshire)

4 x 100m Silver
2008 and 2009 S 200m-3

Greg Rutherford
(Buckinghamshire)

Long Jump Gold
2004 S LJ-4

Harry Aikines-Aryeetey
(Surrey)

4 x 100m Silver
2003 I 100m-3, 2004 I 100m-1

Luke Cutts
(South Yorkshire)

Pole Vault Silver
2001 J PV-2, 2002 J PV-3, 2004 I PV-2, 2005 S PV-3

Matthew Hudson-Smith
(West Midlands)

4 x 400m Gold
2011 I 200m-2, 2012 S 200m-2, 2013 S 200m-1

Nick Miller
(Cumbria)

Hammer Throw Silver
2010 S HT-2, 2011 S HT-1

Richard Kilty
(Cleveland)

4 x 100m Silver
2004 J 100m-3, 2005 I 100m-3, 2006 I 100m-1, 2007 S 100m-1

Steven Lewis
(Staffordshire)

Pole Vault Gold
2000 I PV-1, 2002 I PV-1

Tosin Oke (NGR)
(London)

Triple Jump Silver
1997 I TJ-2, 1998 S TJ-3

Will Sharman
(Northamptonshire)

110m Hurdles Silver
2003 S 110mH-2

James Ellington (London) and Andrew Robertson (Gtr. Manchester) ran in the heats of the 4 x 100m (silver) but not in the final and Nigel Levine (Bedfordshire) ran in the heats of the 4 x 400m (gold) but not in the final.

2018 – GOLD COAST, AUSTRALIA

Asha Philip
(Essex)

4 x 100m Gold
2005 J 100m-2

Bianca Williams

4 x 100m Gold

ESAA – COMMONWEALTH GAMES ROLL OF HONOUR

(Middlesex)	2009 and 2010 I 100m-2
Dina Asher-Smith (Kent)	200m Bronze and 4 x 100m Gold 2010 J 200m-1, 2011 I 200m-1, 2013 S 200m-1
Katarina Johnson-Thompson (Merseyside)	Heptathlon Gold 2006 J HJ-3, 2007 J HJ-1, 2007 J-PEN-1, 2008 I HJ-1, 2008 I HEP-1
Laura Weightman (Northumberland)	5000m Bronze 2007 I 1500m-1, 2008 S 1500m-1, 2009 S 1500m-1
Lorraine Ugen (London)	4 x 100m Gold 2009 S LJ-1
Melissa Courtney (WAL) (Dorset)	1500m Bronze 2008 I 1500m-3
Morgan Lake (Berkshire)	High Jump Silver 2010 J LJ-1, 2010 J PEN-1, 2012 I LJ-1
Niamh Emerson (Derbyshire)	Heptathlon Bronze 2014 I HEP-4
Harry Aikines-Aryeetey (Surrey)	4 x 100m Gold 2003 I 100m-3, 2004 I 100m-1
Kyle Langford (Hertfordshire)	800m Silver 2012 I 800m-1
Leon Reid (NIR) (Avon)	200m Bronze 2011 S 100m-3, 2012 S 100m-1
Luke Cutts (South Yorkshire)	Pole Vault Bronze 2001 J PV-2, 2002 J PV-3, 2004 I PV-2, 2005 S PV-3
Nick Miller (Cumbria)	Hammer Throw Gold 2010 S HT-2, 2011 S HT-1
Reuben Arthur (Middlesex)	4 x 100m Gold 2011 J 100m-1
Richard Kilty (Cleveland)	4 x 100m Gold 2004 J 100m-3, 2005 I 100m-3, 2006 I 100m-1, 2007 S 100m-1
Tom Bosworth (Kent)	20k Walk Silver 2007 S 5k Walk-2

2022 – BIRMINGHAM, ENGLAND

Asha Philip (Essex)	4 x 100m Gold 2005 J 100m-2
Beth Dobbin (SCO) (South Yorkshire)	4 x 400m Bronze 2012 S 200m-2

ESAA – COMMONWEALTH GAMES ROLL OF HONOUR

Bianca Williams (Middlesex)	4 x 100m Gold 2009 and 2010 I 100m-2
Darryl Neita (London)	100m Bronze and 4 x 100m Gold 2010 J 100m-3, 2011 I 100m-2, 2012 I 100m-1
Elizabeth Bird (Hertfordshire)	3000m Steeplechase Silver 2010 I 1500m-3, 2013 S 1500m-3
Imani Lansiquot (Surrey)	4 x 100m Gold 2012 J 100m-2, 2013 and 2014 100m I-1
Jade Lally (née Nicholls) (Surrey)	Discus Throw Silver 2004 S DT-6
Jade O'Dowda (Oxfordshire)	Heptathlon Bronze 2016 I HEP-1, 2017 S HEP-1
Jodie Williams (Hertfordshire)	400m Bronze 2007 and 2008 J 100m-1
Katarina Johnson-Thompson (Merseyside)	Heptathlon Gold 2006 J HJ-3, 2007 J HJ-1, 2007 J-PEN-1, 2008 I HJ-1 , 2008 I HEP-1
Keely Hodgkinson (Gtr. Manchester)	800m Silver 2016 J 800m-3, 2018 I CC-2
Molly Caudery (Cornwall)	Pole Vault Silver 2015 and 2016 I PV-1, 2017 S PV-1
Naomi Metzger (née Ogbeta) (Gtr. Manchester)	Triple Jump Bronze 2014 I TJ-1
Victoria Ohuruogu (Essex)	400m Silver 2007 J 200m-3, 2008 I 300m-2, 2010 S 400m-1
Ashleigh Nelson (Staffordshire) ran in the heats of the 4 x 100m (gold) but not in the final.	
Adam Hague (South Yorkshire)	Pole Vault Silver 2010 and 2011 J PV-1, 2012 I PV-2, 2014 S PV-2
Alastair Chalmers (Channel Islands)	400m Hurdles Bronze 2015 I 400mH-3, 2017 S 400mH-2
Andrew Pozzi (Warwickshire)	110m Hurdles Bronze 2008 I 100mH-3
Ben Pattison (Hampshire)	800m Bronze 2016 J 800m-2, 2018 I 800m-1
Harry Coppel (Lancashire)	Pole Vault Bronze 2010 J PV-3, 2011 I PV-3, 2012 S PV-1
Jona Efoloko (Gtr. Manchester)	4 x 100m Gold 2013 and 2014 J 200m-1, 2015 I 200m-1

ESAA – COMMONWEALTH GAMES ROLL OF HONOUR

Lawrence Okoye (Surrey)	Discus Throw Silver 2008 I DT-2, 2010 S DT-1
Matthew Hudson-Smith (West Midlands)	400m Silver 2011 I 200m-2, 2012 S 200m-2, 2013 S 200m-1
Nick Miller (Cumbria)	Hammer Throw Gold 2010 S HT-2, 2011 S HT-1
Ojie Edoburun (Middlesex)	4 x 100m Gold 2012 I 100m-h-7
Scott Lincoln (Durham and North Yorkshire)	Shot Put Bronze 2011 S SP-3

Harry Aikines-Aryeetey (Surrey) ran in the heats of the 4 x 100m (gold) but not in the final.

2026 – GLASGOW, SCOTLAND

Amy Hunt (Lincolnshire)	100m Silver 2015 and 2016 J 100m-1, 2017 I 100m-1
Elise Thorner (Somerset)	3000m Steeplechase Silver 2015 and 2016 J 100m-1, 2017 I 100m-1
Emily Newnham (Kent)	400m Hurdles Silver 2019 I 300mH-2, 2021 and 2022 S 400mH-1
Georgia Hunter-Bell (London)	800m Gold 2008 J 800m-1, 2009 I 800m-2
Jade O'Dowda (Oxfordshire)	Heptathlon Silver 2016 I HEP-1, 2017 S HEP-1
Jazmin Sawyers (Staffordshire)	Long Jump Gold 2007 J HJ-2, 2007 J PEN-2, 2008 J LJ-1, 2008 J PEN-1, 2009 I LJ-1, 2009 I HEP-1
Lina Nielsen (Essex)	4 x 400m Mixed Relay Silver 2014 S 400m-8
Yemi Mary John (Essex)	4 x 400m Mixed Relay Silver 2021 S 200m-3

Poppy Malik (Nottinghamshire) ran in the heat of the 4 x 400m Mixed Relay (silver) but not in the final.

David Mullarkey (IOM) (Isle of Man)	10000m Bronze 2018 S 1500m-7
Jake Minshull (Warwickshire)	400m Hurdles Silver 2019 J 800m-1, 2019 J PEN-2, 2021 I 400mH-1, 2012 I OCT-2, 2022 and 2023 S 400mH-1
Kimani Jack (Hertfordshire)	High Jump Bronze 2021 S HJ-4

ESAA – COMMONWEALTH GAMES ROLL OF HONOUR

Lawrence Okoye (Surrey)	Discus Throw Bronze 2008 I DT-2, 2010 S DT-1
Owen Heard (Surrey)	Pole Vault Bronze 2018 I PV-2
Sam Bennett (Essex)	110m Hurdles Silver 2015 J 80mH-1, 2016 I 100mH-2, 2018 S 110mH-1
Scott Lincoln (Durham and North Yorkshire)	Shot Put Bronze 2011 S SP-3
Toby Harries (Sussex)	4 x 400m Mixed Relay Silver 2014 I 200m-2

Notes regarding the athlete details shown above :

An entry for an athlete begins with a line detailing their Commonwealth Games achievement(s).

Second (and subsequent) lines show the county (or counties) they represented and their ESAA championship medal-winning performances or, in some cases, a non-medal-winning performance at the ESAA championships.

ESAA performances are shown in the following abbreviated format – *yyyy a eeee p* where :

<i>yyyy</i>	Championship Year
<i>a</i>	Age Group (I – Intermediate, J – Junior, S – Senior, pre-1948 the age groups were Under-14 (U14) and Under-16 (U16))
<i>eeee</i>	Event
<i>p</i>	Place achieved (note an ‘h-’ indicates the performance was in a heat, ‘r-’ indicates in a preliminary round and ‘s’ in a semi-final)

COUNTY SAA COMPETITORS

Several other athletes competed in their County SAA Championship and also went on to Commonwealth Games success, namely :

Violet Webb (Middlesex)	1934 Long Jump Bronze 1928 Middlesex U14 75yH-1
Vicki Barr (Durham)	2010 4 x 400m Silver 1999 Durham S 200m-1
Laviai Nielsen (Essex)	2026 4 x 400m Mixed Relay Silver – ran in heat 2011 Essex I 300m-1, 2012 Essex I 300m-2
Bill Hartley	1974 4 x 400m Silver

ESAA – COMMONWEALTH GAMES ROLL OF HONOUR

(Lancashire)	1966 Lancashire I HJ-4
Nathaneel Mitchell-Blake	2022 4 x 100m Gold
(Essex)	2006 Essex U13 100m-4